

## BRIEF CURRICULUM VITAE

### **Dr. Alan K. Sokoloff**

Doctor of Chiropractic with Physical Therapy and Dry Needle Privileges / Maryland

Date of Birth: 8-25-60

### **Current Occupation:**

**Dr. Alan K. Sokoloff, P.C.**

**Yalich Clinic Performance and Rehabilitation Center**

**Chiropractor/Clinic Director Since 1987**

Crain Health Park

331 Oak Manor Dr., Suite 101

Glen Burnie, MD 21061

410-766-4878 / 410-766-6619 (fax number)

Web site: [www.yalich.com](http://www.yalich.com)

e-mail: [drsok@yalich.com](mailto:drsok@yalich.com)

**Speaker / Presenter / Author**

### **Education Highlights:**

- University of Maryland, Baltimore County / Bachelor's Degree/Health Science and Policy / Graduation Date: 1982
- Palmer College of Chiropractic, Davenport, Iowa / Doctor of Chiropractic / Graduation Date: 1982-1985
- New York College of Chiropractic / 100 Hours Post Graduate
- Certified Chiropractic Sports Practitioner 1992-95 / New York and Logan Chiropractic Colleges / 200 Hours Post Graduate
- Diplomat Academic Board of Chiropractic Sport Practitioner Program, 1996 (ACA)
- Dry Needle Certification, 2017 Structure and Function

### **State/National Licenser:**

Maryland State Chiropractic/Physiotherapy Board / October 1986

District of Columbia 2019

### **Organizational Active Memberships/Affiliations/Associations:**

- ❖ Professional Football Chiropractic Society *Co-Founder / Past-President*
- ❖ Maryland Chiropractic Association, *Past Two Term President*
- ❖ American Chiropractic Association
- ❖ Sound Assisted Soft Tissue Mobilization / Former Post-Doctoral Education Staff
- ❖ Graston Technique, Certified
- ❖ *Associate Faculty\**, Northwestern Chiropractic College, Palmer College of Chiropractic and Logan College, (*CEC Provider*).
- ❖ United States Sports Medicine Society

## **Awards/Proficiencies/Professional Activities (Highlights):**

- ❖ Baltimore Ravens (NFL) Team Chiropractor (1999 to present)
- ❖ Team Chiropractor, University of Maryland, College Park, (2004-present)
- ❖ Team Chiropractor, Baltimore Orioles AA Affiliate (2004-present).
- ❖ Team Chiropractor, Baltimore Orioles (MLB) (2021-present)
- ❖ Team Chiropractor, Washington Nationals, MLB (2005-2007 / 2009)
- ❖ Team Chiropractor, Morgan State University (2014-2019)
- ❖ Team Chiropractor, University of Maryland Baltimore County (1991-2019)
- ❖ Baltimore Blast Co-Team Chiropractor: MISL (1990-2 / 2009-2012)
- ❖ Sports Chiropractor of the Year 2006; American Chiropractic Board of Sports Physicians.
- ❖ Consultant/Presenter: SERMA / State Employee Risk Management Association (2015-present)
- ❖ Consultant/Presenter: Anne Arundel County Youth Coaches Association. (2005- present)
- ❖ Consultant/Presenter: Anne Arundel County Risk Management. (2008- present)
- ❖ Author / Host "Back Talk" and "Hands-On": LVN Ergonomic Video Series
- ❖ Author/Host: Tackling Concussions Head-On: LVN Video Network
- ❖ Selected "Chiropractor of the Year", Maryland Chiropractic Association 2001-2.
- ❖ Washington Power Team Chiropractor, Professional Indoor Lacrosse 2000-2001
- ❖ Selected USA Olympic Sports Medicine Team Chiropractor for the 1999 Pan Am Games
- ❖ Goodwill Games 1998: United States Sports Medical Team Chiropractor
- ❖ Team Chiropractor, Baltimore Blast, Professional Indoor Soccer League 1998
- ❖ United States Olympic Committee: One of 4 doctors to be selected to serve residency at the United States Olympic Training Facility in Colorado Springs, CO, summer 1997.
- ❖ Radio Talk Show Host: "TALKIN' BACK" AM680 WCBM, Baltimore, MD (1994-2007).
- ❖ Coordinator for Chiropractic Services: Helix Health Plan (1996-99)
- ❖ Director of Chiropractic Services/Credentialing Committee / Utilization Review Board: New American Health, HMO for North Arundel Hospital. (1994-98)
- ❖ Selected Medical Team Member, 1996 Olympics, Atlanta, GA., Cleveland College.
- ❖ 1996 Chiropractic Sports Science Symposium, Atlanta, GA; Presenter / recipient of the John Nash Award for Best Multidisciplinary Abstract.
- ❖ USA Olympic Beach Volleyball Trials 1996, Medical Team Chiropractor
- ❖ United States Swimming, Olympic Training Center Workshop, Colorado Springs, 12/94
- ❖ American Running and Fitness Association: Clinical Advisory Board/Contributor.
- ❖ United States Competitive Aerobic Federation: Regional Ambassador/Presenter/Publisher.
- ❖ The National Aerobic Championships: Medical Event Coordinator National Judge, Presenter/Lecturer (1989-96). World Aerobic Championship: Medical Coordinator (1990-96).
- ❖ NCAA Basketball Championship Medical Team Chiropractor, Baltimore MD, Rounds One and Two, March 1995
- ❖ Molson Professional Beach Volleyball: Medical Team Chiropractor (1992)
- ❖ Washington Wave, Professional Major Indoor Box Lacrosse: Team Chiropractor (1987-1989).

***International Continuing Education Provider: References and topics available upon request.***

***Continuing Educational Classes: available upon request.***

***For more information go to [www.yalich.com](http://www.yalich.com)***