



Dr. Jay S. Greenstein is a Maryland native. He received his undergraduate degree from the University of Maryland, his Doctor of Chiropractic degree from the National College of Chiropractic and earned his post-graduate degree in Sports Chiropractic at the Logan College of Chiropractic. In addition to maintaining his private practice as CEO of Kaizo Health and KaizoX, he is the founder and President of the Kaizo Clinical Research Institute. Dr. Greenstein is also the founder and CEO of Kaizenovate® Advisors, a leading-edge firm to help doctors and a wide variety of companies to improve their organizational performance. Dr. Jay coaches businesses on Six Sigma, leadership, and the Chiropractic Entrepreneur Framework® (CEF). He is also the founder and CEO of Kaizenovate Tech, a mobile app development platform dedicated to improving clinical outcomes and financial performance in healthcare practices.

Dr. Greenstein served as a recommended provider for the National Football League Players Association for the Washington Redskins, and from 1997 - 2017 served as the Official Team Chiropractor for the Washington Redskins Cheerleaders. He was also the official chiropractor for the 2018 Arena Bowl Champion Washington Valor. Dr. Greenstein served as the Chiropractic Representative for the National Athletic Training Association, Inter-Association Task Force for Cervical Spine Injured Athletes, and the Maryland State Tae Kwon Do Association Medical Chairperson and team physician. Dr. Greenstein was selected to be the Chef de Mission for the International Sports Chiropractic Association to run the Chiropractic Sports Center at the World Olympians Association Reunion Center at the 2008 Beijing Olympics. He served as a committee member for the Federation of International Chiropractic Sportive (FICS) research and finance committees from 2011-2014. In 2017, he was selected as Chairman for the World Olympic Scholarship Program (WOSP) by the Federation of the International Chiropractic in Sports (FICS).

He has served as the past Insurance Chairman and Public Relations Chairman for the Unified VCA and past Insurance Chairman for the Maryland Chiropractic Association. Dr. Greenstein was selected to represent both state associations on the United Healthcare/OptumHealth Chiropractic Professional Advisory Committee. He was also selected to represent both state associations on the professional advisory for American Specialty Health Network, the third-party administrator for specific Aetna and Cigna chiropractic benefit plans. Since 2010, he has served on the Council on Chiropractic Guidelines and Practice Parameters as the Vice Chairman, and in 2016 was elected Chairman. He also represents The Clinical Compass (Council on Chiropractic Guidelines and Practice Parameters) for the Chiropractic Summit, where he previously served as the Chairman of the Government Relations Committee. The GR committee works on policy issues to ensure chiropractic access with healthcare reform taking place at the state and national level. In 2012, he was selected to the state of Maryland Governor's Office for Healthcare Reform Essential Benefits Advisory Committee. In 2012, Dr. Greenstein was elected as President of the East Coast Associations Independent Physician Network. In 2020, Dr. Greenstein was asked to serve on the Future of Chiropractic Strategic Plan Task force and is currently the Chairman of the ChiroTech Consortium.

Washingtonian Magazine also named him among Washington's Top Sports Physicians. Dr. Greenstein has published extensively and presented numerous original research papers at scientific symposiums throughout the world. He was awarded as Chiropractor of the Year in 2007 and 2010 for the Maryland Chiropractic Association and Chiropractor of the Year in 2010 for the Virginia Chiropractic Association.

In 2007, Kaizo Health was the first multi-location practice in the entire country that was recognized by the National Committee on Quality Assurance's Back Pain Recognition Program (BPRP). In 2008, Kaizo Health practices were the first privately run Performance Health Centers of Excellence in the US. In 2009, DrScore.com, the nation's largest online patient satisfaction database, named Kaizo Health's "America's Most Loved Practices" as the top seven doctors in the country in patient satisfaction. In 2011, Kaizo Health was named to the Inc 5000 list as one of the fastest

growing private US companies. In 2012, Dr. Greenstein was recognized by SmartCEO Magazine by winning their 2012 Technology Implementer Award. In 2013, he was named a “Top Chiropractor” by Northern Virginia Magazine. Also in 2013, he was named “Person of the Year” by the Council on Chiropractic Guidelines and Practice Parameters (CCGPP).

This experience provides him with unique insight as he consults on the importance of evidence-based care, presenting the right message to the public and ensuring optimal and efficient operations to effect expedient payment for services. In addition to taking post graduate courses at the University of Pennsylvania’s Wharton Business Schools, he is trained as a Green Belt in Six Sigma Quality Assurance Management. Dr. Greenstein sits on multiple community and business advisory boards in healthcare and technology. Dr. Greenstein lectures worldwide on topics of sports chiropractic, rehabilitation, business development, HealthTech, and personal and professional growth. He has been a television media guest for Washington DC affiliates, ABC, FOX and CBS.

Dr. Greenstein’s clinical philosophy is to utilize evidence-based treatment plans founded on science, and care for patients compassionately utilizing a variety of Chiropractic, Physical Therapy and Rehabilitative techniques which will eliminate symptoms and improve overall function of the human body. Dr. Greenstein also believes strongly in patient education and empowering patients to improve the quality of their lives, because patients, who know more about their conditions, stay healthier. Dr. Greenstein’s business philosophy is founded in the tenets of Jim Collins, Daniel Pink, and Gary Hamel – Be a level 5 leader; hire, train, engage and develop the very best people, and reward them accordingly and provide an environment of autonomy, mastery and purpose.

Dr. Greenstein’s companies have a strong social conscience and have been a DC region sponsor for the Avon Walk for Breast Cancer, the Leukemia and Lymphoma Society Team in Training Program, Lucky Dog Animal Rescue, The Patriot Project, and Back on My Feet.

Dr. Greenstein lives in Washington, D.C. He enjoys working out, skiing, playing golf, traveling, and watching the Ohio State Buckeyes, Maryland Terrapins and the Washington Football Team.

