

Brief Bio: Dr. Alan K. Sokoloff

- Dr. Alan K. Sokoloff, or “Dr. Sok”, as his patients refer to him, is the owner/clinic director of the Yalich Clinic Performance and Rehabilitation in Glen Burnie, MD, where he has practiced for over 38 years.
- Dr. Sok is the immediate 2 term past president of the Professional Football Chiropractic Association.
- Dr. Sok is the past 2 term president of the Maryland Chiropractic Association.
- Dr. Sok was selected as Maryland’s Chiropractor of the Year 2001-2 and the American Chiropractic Board of Sports Physician’s Sports Chiropractor of the Year 2006.
- He holds a post-graduate degree as a Diplomat of the American Chiropractic Board of Sports Physicians from the American Chiropractic Association.
- He continues to be the team chiropractor for 2-time Super Bowl Champion Baltimore Ravens of the NFL since 1999.
- He is the team chiropractor for the Baltimore Orioles and has been the Bowie Baysox (Baltimore Orioles AA team Major League Baseball) since 2009.
- Dr. Sok has been a member of the University of Maryland Sports Medicine Team since 1991, working with the UMBC Retrievers and Maryland Terps.
- He served a residency at the United States Olympic Training Center, summer of 1997 and was selected to the medical team for the United States at the 1998 Goodwill Games.
- Dr. Sok was appointed to the USA Olympic Medical Team for the 1999 Pan Am Games in Winnipeg, Canada.
- He is a “motivational wellness / injury prevention consultant” for many companies and municipalities, presenting nationally and internationally.
- He is also the coordinator for the Anne Arundel County Youth Coaches’ Certification and Educational Clinics.
- For over 10 years, Dr. Sok hosted a weekly health, interactive radio program in Baltimore called “*Talkin’ Back*” on AM-680 WCBM.
- He has also written and helped produce a series of award winning Injury Prevention Videos for the Library Video Network.
- He completed his first in a series of concussion prevention DVDs, Tackling Concussion Head On, starring NFL, college, and high school guests.

Keeping You In the Game!

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Since 1999, he continues to be one of the team chiropractors for the 2-time World Champion Baltimore Ravens of the NFL. He is also a medical team member for the Baltimore Orioles Major League Baseball team, as well as the Bowie Baysox (Baltimore Orioles AA Team). Dr. Sok has been a part of the University of Maryland Sports Medical Team since 1991. He is the immediate past-president of the Professional Football Chiropractic Society. He was a past 2 term president of the Maryland Chiropractic Association.

Dr. Sokoloff did his residency at the Olympic training center in 1997, going on to the Goodwill Games in 1998 and the Pan Am Games in 1999.

Dr. Sok is an active board member of BASH, Baltimore Area Sports Health Initiative, helping to provide healthcare to inner city schools as well as health educational opportunities for Baltimore City students.