

Suicide Prevention, Mental Health, and the Chiropractic Profession

With Mario Fucinari DC, CPCO, CPPM, CIC

According to Gallup, unhappiness has been increasing globally for a decade. In the aftermath of COVID, the isolation people feel from working at home, the financial stress of inflation, and depression due to stress, suicides have dramatically increased. It is crucial that, as part of the primary healthcare workforce, chiropractors are competent in the early identification of suicide risk. Learn how to use evidence-informed strategies to address the needs of potential suicide individuals.

Biography:

Dr. Mario Fucinari is a Palmer Davenport graduate. He is uniquely qualified as a seasoned practitioner, nationally recognized speaker, author, and instructor. Dr. Mario has decades of experience in compliance, coding, and documentation. He is a member of the Carrier Advisory Committee for Medicare, a Certified Professional Compliance Officer (CPCO), a Certified Physician Practice Manager (CPPM), and a Certified Insurance Consultant (CIC).

Learning Objectives:

- Improve skill, knowledge, and attitudes in addressing behavioral and mental health with patients.
- Identify risk alerts and develop a safe plan related to them
- Improve knowledge and skill when screening and assessing patients for substance use, depression, PTSD, and suicidal thoughts.
- Enable providers to conduct brief interventions using motivational interviewing to build trust and increase adherence and engagement in collaborative treatment planning.
- Help providers refer patients to treatment services and follow up on referrals.

Hour One

- How do you measure happiness?
- The five elements of a great life
- The serious outcome of the COVID Pandemic – Depression and Suicide
- Stress, Chronic Pain, and the Suicide relationship
- Known Risk Factors for Suicide

Hour Two

- Patients at Risk for Suicide
- What can providers do to improve people's lives and intervene in suicide idealization
- Consultation Techniques to Detect Suicide Thought – Talk, Ask, Listen, Care
- Action Steps in Suicide Intervention
- Questions and Answers