Aiding in the Treatment of Sports Injuries for Chiropractic Assistants

Presenter: Dr. Alan Sokoloff

1-4 Hours

Your chiropractic assistant will be a stronger asset with a stronger background in sports related injuries. We will review injuries that are both gender and age related. We will go through the terms that will make them more familiar and discuss contributory factors in each case. From head to toe, we'll discuss the most common ones and the importance of knowing the mechanism of injury.

## Course Objectives:

- Enhance Understanding of Sports Related Injuries: By the end of this course, chiropractic assistants will possess a comprehensive understanding of various sports-related injuries, including their types, common occurrences, and management strategies. This will equip them with the knowledge needed to effectively assist chiropractors in addressing sports injuries encountered in clinical practice.
- Analyze Gender and Age-Related Injuries: Through in-depth exploration and analysis, this course will enable chiropractic assistants to identify and comprehend gender and age-related patterns in sports injuries. They will gain insights into the unique challenges and predispositions faced by different demographics, empowering them to tailor patient care and rehabilitation protocols accordingly.
- Master Terminology and Contributory Factors: Participants will familiarize
  themselves with the specialized terminology associated with sports injuries,
  facilitating clearer communication within the healthcare team and with patients.
  Additionally, they will examine contributory factors underlying these injuries, such
  as biomechanics and training techniques, to develop a holistic understanding of
  injury mechanisms and prevention strategies.