

SCC 2-Hour Outline Submission:

No Better Time Than Now to be a Sports Chiropractor / Managing The Risk

Presented by Dr. Alan Sokoloff

- I. Establishing a Purpose / Goal Setting.
- II. What is the difference between surviving and thriving in sports chiropractic?
 - A. Defining each.
- III. What is sports (scope of practice) chiropractic?
- IV. What are the responsibilities of a sports chiropractor?
- V. What certifications are needed besides a doctor of chiropractic?
- VI. Opportunity: Where do opportunities exist?
 - A. Interview for a sports med position.
 1. Listen.
 2. Know the job and team.
 3. Know the members of the current staff.
 4. Hierarchy.
 5. Understanding time commitments.
 6. Reimbursement.
 - B. Working an event.
 1. Consent to treat.
 2. Privacy issues.
 3. Emergency Action Plan.
 4. Documentation
 - C. Already working with a team.
 1. Knowing where you will work.
 2. What equipment you will have access to.
 3. Hours you will work.
 4. Who can you treat?
 - D. Case studies from the front lines
 1. Breaking down cases demonstrating what you say can hurt you!

VII. Keys to success:

- A. Communication / Communication / Communication
 - 1. First is listening
- B. Leave your ego at the door.
- C. Setting the bar for the future of chiropractic in sports of all levels.

VIII. Dr. Sok's Sweet 16 for getting involved and staying involved in sports chiropractic. The summary!

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Many chiropractors have cleared the way for sports minded chiropractors to be involved in sports at every level. But what does it take to get there? Where do you fit in? What do you need to know? We will discuss steps you need to take from school to the first days in your office. We will look at what you need to do to pursue and achieve your goals in sports at every level.

Whether it is in the office or on the field, we will examine and demonstrate the tools you need to increase your chances of becoming a successful sports chiropractor.

But how do you stay involved? I will discuss steps to help a Doctor of Chiropractic maintain a position in sports medicine by avoiding common pitfalls and mistakes when treating athletes. Common errors are made at all levels of sports medicine from youth to professionals, in all health care occupations. Proper communication and documentation are keys to long successful relationships in the sports health world.